

ARREST

The

Newsletter

ARREST IS NOW LIVE ACROSS ALL OF LONDON

August was an exciting month for ARREST. The final site initiation visit was completed, **and the trial launched pan-London on Monday, 20th August 2018**. In total, there are seven heart attack centres (HACs) and 32 emergency departments (EDs) participating in the study. This means that all hospitals in the London area that could receive an eligible patient from London Ambulance Service are open and part of the study.

This is a wonderful achievement for London's cardiac and emergency care research community. Together, we are addressing a key question in the post-resuscitation care of cardiac arrest patients.

Launching ARREST has been a unique challenge as all the sites in South or North London had to be ready at the same time. At the busiest point of site set-up, four separate site initiation visits took place in one week. The support and enthusiasm shown by all the sites has been invaluable to the successful launch of the

trial. On the next page there is a more detailed look at how the trial was set-up over the past year.

As the trial progresses, it is key to ensure new staff at your site are made aware of the trial and that current staff are reminded of it. The ARREST clinical trials unit (CTU) is always available to provide promotional materials and for site visits.

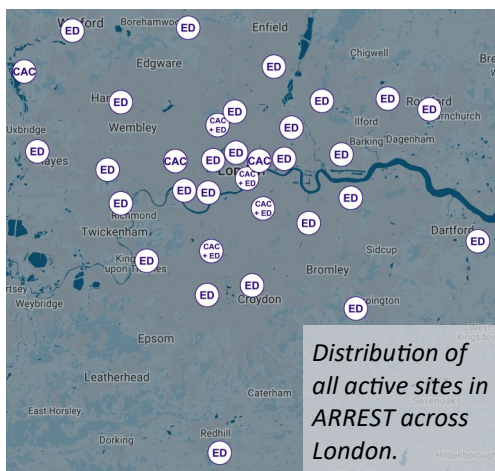
Many thanks to everyone involved with ARREST. Your support has been vital to the successful roll-out of this important trial. If you have any questions please do not hesitate to get in contact with the ARREST CTU.



St Thomas' Hospital was the first site to receive an initiation visit in December 2017



Watford General Hospital was the last site to receive an initiation visit in August 2018.



Distribution of all active sites in ARREST across London.

GDPR Update for ARREST

In accordance with the General Data Protection Regulations, we are distributing an amendment that provides more information about how patient data is used. The cover sheets you will receive should be included with all the Patient Information Sheets you give to patients.

55 patients enrolled in ARREST

9 patients were recruited in August

If you know of anyone who should be receiving this newsletter but is not, please pass along their contact details to **Lauren Jerome** (lauren.jerome@LSHTM.ac.uk) and we will add them to the distribution list.

A year in the life of ARREST: August 2017 to August 2018

August 2017

August 2017: Ethic application and confidentiality advisory group (CAG) application submitted.

September 2017: Ethics approval for full trial received.

October 2017: Feedback from CAG received.

November 2017: Amendment covering changes required by CAG submitted.

December 2018: Site set-up commenced in South London.

January 2018: CAG application and second amendment approved. Trial now ready to open.

15 January 2018: Randomisation system goes live in South London. St Thomas', St George's and King's College Hospitals along with supporting EDs are open.

2 February 2018: First patient recruited to the trial.

March—July 2018: North London site set-up and site initiations taking place.

August 2018: Final site initiation visit completed and final site approval received. All sites now ready to open in North London.

20 August 2018: ARREST live pan-London as trial launches in North London with 4 HACs and 21 EDs.

31 August 2018: 55 patients enrolled in trial. Full roll-out of paramedic training due to begin.

August 2018



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